

Frontenac Lakes Adventure – June 7 and 8, 2025

Join OAR for an unforgettable weekend exploring the stunning Frontenac Lakes on June 7 and 8! Whether you row for just one day or make it a full weekend getaway, you're in for a fantastic experience on the water. Enjoy breathtaking scenery, great company, and a delicious lunch provided both days.

Saturday, June 7 – Loughborough Lake

Kick off the weekend at Loughborough Lake, a gem within the Frontenac Arch Biosphere. This natural lake has been shaped by dams at Peterson Creek and Battersea, creating two distinct basins with unique characteristics.

- **West Basin:** Deep (up to 38.4 meters), cool, and limestone-based, making it ideal for trout.
- **East Basin:** Shallower (max 7.6 meters), warmer, and dotted with scenic islands and shoals on the rugged Canadian Shield.

Highlights of the day include rowing past Goat and Sheep Islands - both on Crown Land and accessible by boat - and maybe even spotting the home of a well-known Canadian actor! We'll launch from the Loughborough Inn and Marina, stop for lunch on Goat Island, and cover approximately 25 km as we explore both basins.

Sunday, June 8 – Bobs Lake

On Sunday, we set off to Bobs Lake, located in the northwest corner of the Frontenac Arch Biosphere. This lake boasts classic Canadian Shield beauty, featuring rocky shorelines, towering pine trees, and more than 120 picturesque islands. With plenty of opportunities for wildlife spotting, it's the perfect way to spend a June Sunday on the water!

- We'll launch, lunch, and land at Irwin's Cabins near Godfrey.
- Our journey will take us through Long Bay and Green Bay, covering around 26 km.
- After such a fantastic experience last year, we couldn't resist returning!

Where to Stay

Make it a weekend retreat by staying at one of these nearby accommodations:

- [Loughborough Inn \(Battersea\)](#) – Conveniently located near our Saturday launch site.
- [Irwin's Cabins \(Bobs Lake\)](#) – A charming lakeside stay for Sunday's row.
- [Quality Inn \(Kingston\)](#) – A great option for those wanting to explore the city.
- [Westport Station Motel \(Westport\)](#) – A cozy spot in a quaint town.

Come for the rowing, stay for the adventure—see you on the water in June!

Ready to join us? **Register for [Loughborough Lake](#) and/or [Bobs Lake](#)!**