

Ontario Adventure Rowing

Morrisburg Tour June 8, 9, 2024

Cornwall Rowing Club is again hosting a weekend of rowing on the St Lawrence, launching from Morrisburg both days.

On **day 1**, the tour heads east towards Upper Canada Village with a stop at the beach there before rowing on to Upper Canada Migratory Bird Sanctuary for lunch. The tour will cover 30 kms with lots of time for scenic rest stops and may include a stop at the submerged village of Aultsville.



Saturday night, a group dinner is planned at the McIntosh Country Inn at Morrisburg. <https://maps.app.goo.gl/1DhHLcrjj1j9KAxq8>

Day 2, 22 kms, heads west to Iroquois Beach before lunching at the Marina at Iroquois.

Time: 8:30am both days (estimated finish time is 4:30 Sat and 4pm Sun)

Location: Morrisburg Beach, 85 Canada Way <https://maps.app.goo.gl/s8JBF8xYeEyKxETf9>

Fee: \$100 (includes lunch both days)

What to bring: we can supply pdf's for you but we strongly encourage you to bring your own belt style pdf to wear; refillable water bottle, hat, sunscreen, rain gear

How to register: Please send signed waiver form and e-transfer for tour fee to Kevin Donnolly at kellysgrove@live.ca